

Private Sessions with Sandra Itenson Sweetman



Learn what is holding you back from living the life you want to lead

Do you feel stuck? Do you want to learn why? Do you want to move on?

Sandra helped me to identify and release the feelings from my past that hindered me in the present. Being able to talk to my (passed) father, through Sandra, changed my feelings about him. It changed me. She has helped me to become more compassionate, forgiving and at peace.” -VH, Calgary, Canada

Are you ready to listen to what you need to hear?

Sometimes we want results but at the same time, we may find it difficult to address areas of our lives because it makes us uncomfortable. Although it may be a little uncomfortable to hear the truth, ultimately more truth sets us free. By dealing with problems we bring in the possibilities for positive change. “Sandra is a tremendously gifted healer who is able to quickly access the spiritual, physical and emotional reasons behind life’s issues. Working with you in a caring and sensitive way, Sandra is able to help bring you both clarity and relief!” -MR, Hong Kong

Tired of asking the same questions & not finding the answers you are seeking?

Often even when we have sought advice, our patterns can keep us in the safe and familiar mode of ‘same old, same old.’ As we identify these patterns and release them we are able to become masters of our destinies instead of victims of fate.

“For the past several years, I have been consciously trying to create a better life for myself and that includes all aspects of spirituality as well as material concerns. During a session with Sandra, she channeled that I was subconsciously holding a belief that was preventing me from completely committing to a life of

prosperity. Thank-you Sandra, for healing this issue for me and allowing me to testify that yes, I am definitely living a fully prosperous life now.”-MR, Hong Kong

Find unique solutions to be able to move forward

Are you ready to open your heart and mind to new ideas and solutions?

“Sandra is the perfect counsellor for people seeking new direction, experiencing transitions, changes or life crises. Her array of ‘tools’ is expansive, substantial and extremely powerful. Sandra delivers the deep insights that precede real growth.”

-RL, Toronto, Canada

Gain powerful insights into your personal & spiritual life

Do you have questions about your life path? Are you ready to recognize your talents and gifts?

“Working with Sandra made me aware of my own intuitive abilities, as well as the spiritual side of life. I didn’t expect our work to change my world to this degree. Sandra is an extraordinary gift!”-PT, Georgetown, Canada

Restore harmony in your life & realize your divine blueprint

Often times our way of life strays from how we feel it is truly meant to be. Learn how to get back on your path, and be able to embrace more love, joy and inner peace in your life.

“I recently had a session with Sandra and am so glad I did! A usual, Sandra quickly got to the nub of the matter, and gently cleared all of the pieces of the problem. Sandra has done this on several occasions over the past few years, always meeting the challenge with grace and dexterity. Sandra has an uncanny ability to tune in and detect the underlying spiritual sources of the problem and *then she goes even further and heals the problem.* I am continually impressed with Sandra’s skills, empathy and understanding. I recommend Sandra very highly to anyone who is stymied with a problem in his or her life that defies resolution. I feel very privileged to have Sandra in my life and on ‘my team’.” -NB, Toronto, Canada

These sessions are one hour in duration

Other Sessions – 30 minutes

Sound Healing to Restore Harmony

Many energetic shifts are currently occurring that may cause people to feel out of synch with the world around them. Sandra offers sound healing sessions that harmonize and restore balance. This may be felt on all levels: physical, mental, emotional and spiritual. Each sessions last half and hour. This energy healing is in the form of channeled sacred sound. The best way to understand this form of energy healing is to experience it!

Channel Session to Receive Guidance

Sandra has been channeling for decades and her clarity is stellar, offering an amazing opportunity to develop your relationship with your Guides.

Do you wish to communicate directly with your Guides and the Ascended Masters? Do you have questions around specific events in your life?

During these session your guides come through to offer insight into your deepest issues and challenges. In these readings, your team of spiritual advisors will show you why you have certain events going on in your life and will be glad to guide you so you can truly be the master of your destiny.



To schedule an appointment while Sandra is in town, or to book a phone or skype session with her, email:
sandra@mydivineblueprint.com